	Department: Social & Behavioral Science
	PSYC111W Section ES, CRN: 20535 Introduction to Psychology, 3 Credits
	Spring 2023 Online
	Instructor: Gerard L. Tremblay
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SYLLABUS

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COURSE DESCRIPTION

PSYC111W Psychology (3 Credits)
This is an introductory course which surveys the behavioral science of psychology. Personal and social behaviors are explored through such topics as: consciousness, memory, learning, perception, physiology, sexuality, cognition, abnormal behavior and developmental processes. Applied research assignments are an integral component of this course. Emphasis is placed on analyzing data, and critically examining theories and trends in the field.

PREREQUISITES

None, but ENG120 College Composition (or equivalent) is suggested

REQUIRED TEXTS AND RESOURCES

Textbooks: Psychology 2e OpenStax Spielman, Jenkins & Lovett

Materials: access to the Internet for on-line research

Browser and Operating System Requirements:

http://www.ccsnh.edu/students/browser-and-operating-system-requirements

Note: Unless specified by your instructor, textbooks, materials, and software are available online at http://www.efollett.com

- Under "Select your Bookstore," choose "New Hampshire"
- Under "Select Your Institution," choose the campus offering the course.

COURSE LEARNING OUTCOMES

Upon completion of this course, students will be able to:

1. define psychology, specifically within the context of demonstrating that psychological investigation meets the criteria of being a legitimate scientific discipline
2. critically argue and document how the methods of research used by psychologists are mathematically and scientifically valid, while still adhering to ethical standards
3. identify the functions of the major components of the central and peripheral nervous system
4. identify the major branches of psychology, and describe the primary focus of each branch
5. explain the relationships between heredity and environment, and how these two influences, both individually and in combination, manifest in psychological phenomena
6. describe the psychological importance of sleep, and identify sleep disorders and their causes
7. research current theories regarding how learning takes place and memory is created in the central nervous system
8. identify different types of intelligence, present arguments for the importance of recognizing each type of intelligence, and describe the ways that psychologists measure each different types of intelligence
9. identify in physiological terms the relationship between sensory perception and its interpretation, and how differences in sensory perception and its interpretation in the central nervous system may shape psychological phenomena
10. describe specific examples of neural and hormonal influences on behavior
11. identify and define major recognized psychological disorders, and list symptoms and

potential treatments of each disorder

12. differentiate between clinical behavioral disorders and "normal" eccentricities

13. provide the mechanisms by which emotional stress may produce physiological disorders

14. identify and describe personality assessment tools, and critique their accuracy

15. provide "real world "examples from past and current events, of how the concepts of social psychology manifest themselves in human interaction

16. describe the physiological mechanisms that may contribute to aggressive behavior in humans

METHODS OF INSTRUCTION/LEARNING ACTIVITIES:

Discussion boards: Students are required to post to two discussion board forums and reply to at least one post of another student. Because the discussion boards expect students to share personal experiences or personal opinions regarding topics related to the course, they will be graded baes on the demonstration of critical thought and honesty. The posts will receive feedback commentary from the instructor.

Tests: The course will use textbook readings as the primary basis for students' preparation for the five tests for this course. Students are permitted and encouraged to use additional outside sources to assist them in completing and learning from the tests. Students will be permitted two attempts for each test, retaining the higher score.

Research assignments: Students are expected to leverage multiple on-line resources to further investigate topics introduced in the textbook readings, and use researched information to provide original, insightful perspectives of each of the four research assignment. It is expected that students will expand their understanding of pivotal and evolving psychological investigation via online research, with the intent to broaden each topic beyond what is presented in the textbook.

METHODS OF ASSESSMENT:

Graded objects:	Points:	Percent of Grade:
Discussion board	2 @ 50 points each = 100	10%
Research assignments	4 @ 75 points each = 300	30%
Tests on assigned readings	5@ 120 points each = 600	60%
Total	1000 points	100%

*Standardized Grading Scale:

    A   93.33 – 100.00

    A-   90.00 – 93.32

B+	86.67 – 89.99
B	83.33 – 86.66
B-	80.00 – 83.32
C+	76.67 – 79.99
C	73.33 – 76.66
C-	70.00 – 73.32
D+	66.67 – 69.99
D	63.33 – 66.66
D-	60.00 – 63.32
F	Below 60.00

COURSE EXPECTATIONS:

In college-level courses, instructors have common expectations of their students: specifically, that students have a high degree of self-motivation, that students have a personal interest in learning the material that the course addresses, and that students, as responsible learners, are highly respectful to one another. It is also expected that students possess basic competence in the functional use of digital technology. The following list includes other common expectations, specifically that students:

- Have easy, continuous access to a computer
- Have access to the Internet, preferably via a high-speed connection
- Be able to search for credible information online, have some facility for narrowing searches, and begin to differentiate among the levels of "legitimacy" of online information
- Use word processing software (Microsoft Word, or Open Office Writer are preferred)
- Be able to compose, send, receive, and reply to emails related to their courses, and track their email correspondence
- Know how to attach files to emails and discussion board posts when appropriate
- Be capable of downloading and opening files, manage stored files, and recognize the characteristics of popular computer file types

POLICIES

Students registered for WMCC courses must comply with all policies and guidelines in the *Student Handbook* and other college publications, including those related to civil rights, disabilities services, harassment, and plagiarism. For more information, refer to
http://www.ccsnh.edu/online-learning-policies

Academic Integrity and Plagiarism

Students must abide by the academic-honesty policy as defined in WMCC's *Student Handbook*.

Discrimination Policy

White Mountains Community College does not discriminate in the administration of its admissions and educational programs, activities, or employment practices on the basis of race, color, religion, national origin, age, sex, disability, political affiliation, veteran status, sexual orientation, gender identity or expression, or marital status. This statement is a reflection of the mission of the Community College System of NH and White Mountains Community College and refers to, but is not limited to, the provisions of the following laws:

- Title VI and VII of the Civil Rights Act of 1964
- The Age Discrimination Act of 1967
- Title IX of the Education Amendment of 1972
- Section 504 of the Rehabilitation Act of 1973
- The Americans with Disabilities Act of 1975
- Section 402 of the Vietnam Era Veteran's Readjustment Assistance Act of 1974
- NH Law Against Discrimination (RSA 354-A)

Inquiries regarding discrimination may be directed to Mark Desmarais on the Berlin campus in Room 120C at mdesmarais@ccsnh.edu or 603-342-3009 or to Melanie Robbins, Director of the Academic Centers, at mrobbins@ccsnh.edu or (603) 342-3093 or to the CCSNH Title IX Coordinator, 26 College Drive, Concord, NH 03301, (603) 230-3500. Inquiries may also be directed to the US Department of Education, Office of Civil Rights, Region 1, 1875 JFK Federal Building, Boston, MA 02203, (617) 565-1340; the NH Commission for Human Rights, 2 Chenell Drive, Concord, NH 03301, (603) 271-2767; and/or the Equal Employment Opportunity Commission, JFK Federal Building, Boston, MA 02203, (617)565-3200.

Netiquette

Students must obey CCSNH Netiquette as articulated on the CCSNH website:

http://www.ccsnh.edu/students/netiquette-at-ccsnh

White Mountains Community College (WMCC) is committed to open and insightful communication in all of our programming and courses. Diversity is demonstrated in many ways, including diversity of thought, opinion, and values. We encourage all WMCC students to be polite and respectful of that diversity and to refrain from inappropriate or offensive comments and language. If inappropriate or offensive content is either emailed, texted, or posted on Canvas, your instructor may recommend college disciplinary action. Students guilty of academic misconduct, are subject to disciplinary action through the procedures of the WMCC Student Code of Conduct and Judicial Process. Students as well as faculty and staff should be guided by

common sense and basic etiquette. Criticism should be presented in a positive manner. The following are good guidelines to follow:

- Never post harassing, threatening, or embarrassing comments.
- Never post content that is harmful, abusive; racially, ethnically, or religiously offensive; vulgar; sexually explicit; or otherwise potentially offensive.
- Never post, transmit, promote, or distribute content that is known to be illegal.
- If you disagree with someone, respectfully respond to the subject, not the person.

Please be thoughtful and polite in all your interactions at WMCC.

Participation and Attendance

Online Course Attendance

Attendance in online education is vital to the success of the course. Students must actively participate in the online course room at least two times during the add drop period. If students do not adhere to the online education attendance policy they will be automatically dropped from the class.

In a distance education context, documenting that a student has logged into an online class is not sufficient, by itself, to demonstrate academic attendance by the student. A school must demonstrate that a student participated in class or was otherwise engaged in an academically related activity, such as by contributing to an online discussion or initiating contact with a faculty member to ask a course-related question.
Examples of acceptable evidence of academic attendance and attendance at an academically related activity in a distance education program include:
- student submission of an academic assignment,
- student submission of an exam,
- documented student participation in an interactive tutorial or computer-assisted instruction,
- a posting by the student showing the student's participation in an online study group that is assigned by the institution,
- a posting by the student in a discussion forum showing the student's participation in an online discussion about academic matters, and
- an e-mail from the student or other documentation showing that the student-initiated contact with a faculty member to ask a question about the academic subject studied in the course.

Communication

Modules will identify assigned research assignments and upcoming tests. They will indicate the due dates for assignments and tests. Students should read those descriptions very carefully, since they contain critically valuable information for successfully addressing each unit's graded objects.

There will be additional announcements posted regularly throughout the term. These announcements will address topics to assist students with other course-related issues or identify "exceptional" events in the courses' progression.

Course distribution-list emails will be sent out, usually once a week, to remind students of unit obligations, and/or issues unique to that week's works.

Emails to individual students will be sent on an as-needed basis.

If a student has issues that cannot be resolved effectively by email, they will be invited to provide a phone number for a follow-up phone conversation.

Instructor's Grading Policy and Timeframe

Research papers are due by the end of the period for which they are assigned, though they may be submitted earlier within that period. Instructor will provide explanation of the assigned grade and additional constructive feedback for all submitted papers.

Tests are due within the period for which they are assigned, tests are auto graded, and scores will appear in the Canvas Gradebook, usually within an hour of submitting a unit test (or its re-take.)

Late Work, Revisions, and Extra Credit

Research papers and tests must be submitted by their latest due date. Students will be reminded to take advantage of the module window for each to minimize the risk missing the deadlines.

Incomplete Grades

An Incomplete Grade (I) indicates that a student has not completed a major course assignment (usually a final exam or culminating final assessment) because of extraordinary circumstances, such as serious illness, death in the family, or the like. The grade is applied only in those instances when the student has a reasonable chance of passing. It is not used to give an extension of time for a student delinquent in meeting course responsibilities.

The work must be completed by the student through formal arrangement with the instructor no later than:
- The end of the third week in the spring semester for a grade issued in the fall semester
- The end of the third week in the fall semester for a grade issued in the summer term
- Three weeks from the earliest start date of the summer term for a grade issued in the spring semester

Should the student fail to complete the work within the designated period, the grade will automatically become an F. The Vice President of Academic Affairs may make exceptions to the above deadlines.

Incomplete grades will not be included in the computation of Grade Point Average. An incomplete grade may affect a student's financial aid. Students should contact the Financial Aid office on their campus for further information.

Online Participation

As an on-line course, students enjoy some flexibility in determining when to submit assigned research papers and take tests. But as detailed in the section of this syllabus that addresses late work, it is obligatory that these graded objects be completed by their respective deadlines. For

that reason, it is critically important that students read the course syllabus, all relevant posted announcements, and emails of each weekly unit to avoid the compromise of grade and learning that occurs from succumbing to a "just in time" strategy for submitting course work.

COURSE TIMETABLE

Week	Dates	Topic	Assignment Due	Targeted Outcomes
Week 1	January 17-January 22	psychology origins and its methodologies	**Required reading:** Textbook *Chapter 1: Introduction to Psychology*	**1,4**
Week 2	January 23-January 29	methods of psychological research	**Required reading:** Textbook *Chapter 2: Psychological Research*	**2**
Week 3	January 30-February 5	the biological basis of psychological phenomena	**Required reading:** Textbook *Chapter 3: Biopsychology* **Test 1: Ch. 1-3**	**3**
Week 4	February 6-February 12	consciousness and sleep	**Required reading:** Textbook *Chapter 4: States of Consciousness* **Assignment 1: Biological Foundations**	**6**
Week 5	February 13-February 19	physical and psychological bases of sensation	**Required reading:** Textbook *Chapter 5: Sensation and Perception* **Test 2: Ch. 4-5**	**3,9**
Week 6	February 20-February 26	learning and conditioning	**Required reading:** Textbook *Chapter 6: Learning*	**3,7**
Week 7	February 27-March 5	cognition, language and intelligence	**Required reading:** Textbook *Chapter 7: Thinking and Intelligence* **Assignment 2: Sleep Disorders**	**8**
Week 8	March 6-March 12	how memory functions	**Required reading:** Textbook *Chapter 8: Memory* **Test 3: Ch. 6-8**	**10**
Spring Break	March 13-March 19		**No course work assigned or due**	
Week 9	March 20-March 26	stages of development through the lifespan	**Required reading:** Textbook *Chapter 9: Lifespan Development*	**15**
Week 10	March 27-April 2	motivation and emotion	**Required reading:** Textbook *Chapter 10: Emotion and Motivation*	**10,16**

			Assignment 3: Personality and Assessment	
Week 11	April 3-April 9	theories of personality development	**Required reading:** Textbook *Chapter 11: Personality* **Test 4: Ch. 9-11**	**5,10,14**
Week 12	April 10-April 16	social psychology and industrial psychology	**Required reading:** Textbook *Chapter 12: Social Psychology and Chapter 13: Industrial – Organizational Psychology*	**14,15**
Week 13	April 17-April 23	stress and physiological consequences	**Required reading:** Textbook *Chapter 14: Stress, Lifestyle and Health* **Assignment 4: Stress and Health**	**11,13**
Week 14	April 24-April 30	psychological disorders and treatment	**Required reading:** Textbook *Chapter 15: Psychological Disorders and Chapter 16: Therapy and Treatment* **Test 5: Ch. 12-16**	**11,12,16**
Week 15	May 1-May 6	reflection of how the course's topics are relevant to current news	**Course wrap-up, final course communications End-of-course survey completion is required**	**1,15**

Prepared by: _____Gerard Tremblay_____ Date:__23 Dec 2022_____

Approved by Program Coordinator or Department Chair:

Signature: _____ Date:_____